

ISSUE 88

NOVEMBER 2017



WAYNE COUNTY AREA AGENCY ON AGING

News For All Seasons

The Wayne County Area Agency on Aging Advisory Board held their Annual Luncheon Meeting on Monday, October 2 at Lukans, Hawley. Pictured are :

Bottom row : Juanita Pisano, Carol Rocklin, Lynn Karger, Charlotte Sobolak, Andrea Whyte, Administrator

Top row: Barbara Sprovkin, Carol Coe, Norma Coll, Art Frey, Robert Lederer, Sara Burgin, Ellen Dennis, Donna Vinton



The Hawley Senior Center is in need of Homebound Drivers to deliver meals to seniors and people with disabilities to help maintain quality of life. You must have a safe driving record, proof of active auto insurance coverage and reliable transportation (if driving). Ability to lift a small meal carrier, follow written directions and use a map or GPS to navigate. Must be at least 18 years of age and possess a Pennsylvania driver's license (if driving) and complete a criminal background check. If interested please contact Lucretia Seagraves, Hawley Senior Center Manager at 570-226-4209 between the hrs of 8am-3:30pm; Monday through Friday.



Milk served with all meals



November

6) Corn chowder
Salisbury steak with gravy
Sweet potato bites
Cape Cod Veget.
Wheat bread
Orange segments



7) Tossed salad
Dressing
HD-Juice
Shredded Pork
Barbecue
Regular bun
Brussels
Cauliflower
Lorna doone cookies
Election day (Honesdale and Hamlin centers are closed)

1) Tossed salad
Dressing
HD- Juice
Cheese Pizza
Sausage bites
Broccoli
Strawberry short-cake

8) Chicken Tenders
Baked potato w/ Sour Cream
Butternut squash
Cabbage
Cornbread
Pears



2) Baked Chicken filet
Succotash
Candied carrots
Rice pilaf
Pink Grapefruit

Northern Wayne:
Grape juice, tossed salad , Dressing, tur-
key salad on wheat
bread, pink grapefruit

3) Turkey tetrazzini
Wheat Penne Pasta
Peas
Wax beans
Ambrosia



10) CLOSED



13) Haddock Fish
Patty
On a Wheat bun
Tartar Sauce
Stewed Tomatoes
Asparagus
Apricots

14) Chicken
Cacciatore
over Wheat pasta
Zucchini
Succotash
Fresh fruit



15) Vegetable
Lasagna
Meatballs
Broccoli
Warm
peach slices

16) Roast turkey
Gravy
Stuffing
Mashed potatoes
Brussel sprouts
Cranberry Sauce
Pumpkin pie

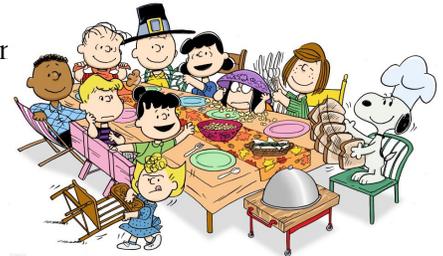
17) Side Caesar Salad
Dressing
HD-Juice
Breaded pork patty
Pierogies
Oriental Blend
Warm cinn. apple-
sauce

20) Meatloaf
Mashed potatoes
Mixed vegetable
Cornbread
Ketchup pc
Warm cinn apple
slices

21) Tomato w/beans
soup
Whole Wheat
Crackers
Baked ham
w/pineapple
Cauliflower
w/melted cheese
Fruit cocktail

22) Tossed Salad
Dressing
HD-Juice
Chicken parmesan
Whole wheat Pasta
Broccoli
Vanilla ice cream

23) Office/Centers
Closed
Thanksgivir
Holiday



24) Centers Closed

27) Orange/pineapple
juice
Egg omelets
Turkey sausage
Potatoes
Rye bread
Ketchup pc
Fresh fruit

28) Breaded pork
chop
Garden rotini
Green beans
Buttered carrots
Strawberries
Dollup whipped top-
ping

29) Coleslaw
HD-cabbage
Baked cod
Stewed tomatoes
Sweet potato
Whole Wheat dinner
roll
Peanut butter cookie

30) Honey
mustard chicken
Baked potato
w/sour cream
Zucchini
Mixed vegetables
Wheat bread
Lorna doones

Wash hands
frequently to pre-
vent illness





ALL CENTERS CLOSED

VETERANS DAY – NOVEMBER 10

**THANKSGIVING HOLIDAY –
NOVEMBER 23 & 24**



NORTHERN WAYNE CENTER – THURSDAY, NOVEMBER 2

Everyday at the Hamlin Center

<u>Monday</u> Cards & Games 8:00-12 Pinochle	<u>Tuesday</u> Cards & Games 1:00 Bingo	<u>Wednesday</u> Cards & Games 10:00 Exercise 1:00 Mah Jong	<u>Thursday</u> Cards & Games 10:00 Exercise 1:00 Crafts	<u>Friday</u> Cards & Games 10:00 Bingo
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Everyday at the Honesdale Center

CAREGIVER’S SUPPORT GROUP – WEDNESDAY, NOVEMBER 8 – 1:30

<u>Monday</u> 10:30 Bridge 12:00 Jazz Class 1:00 Crafts 12-2 Advanced Class Line Dancing 2-4 Beginning/ Intermediate Line Dancing	<u>Tuesday</u> 10:30 Exercise 1:00–4:00 Pinochle 	<u>Wednesday</u> 10:30 Exercise 10:30 Bridge 11:00 Tai Chi 1:00 Art Class 1:00 Bingo 1:00 Mah Jong 3:00 Jazz Dancing	<u>Thursday</u> 10:00 Games 10:30 Chair Yoga (2 ND & 4 TH Thursdays) 1:00 Cards 	<u>Friday</u> 10:30 Exercise 1-2:30 Shuffleboard 1-2:30 Cribbage 1:00 Pool 1-2:30 Rummikub 1-3 Memoir Writing Group (1 st & 3 rd)
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Everyday at the Hawley Center

<u>Monday</u> Cards & Games 8-3 Gym Equipment 10:30 – 11:30 Exercise 11:30 - 3 Mah Jong	<u>Tuesday</u> Cards & Games 8-3 Gym Equipment 1 - 2 Bingo	<u>Wednesday</u> Cards & Games 8-3 Gym Equipment 10 - 12 Crafts 10:30 – 11:30 Exercise 1-2 Tai Chi 5:30 – 8:30 Mah Jong	<u>Thursday</u> Cards & Games 8-3 Gym Equipment 1:00 Bingo 11 – 2:30 Card Club 10:30-11:30 Chair Yoga (1 st & 3 rd)	<u>Friday</u> Cards & Games 8-3 Gym Equipment 10 - 2 Crafts 10:30 – 11:30 Exercise
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Wayne Discount Program Recruits Veterans, Businesses

The Wayne County Department of Military and Veterans Affairs Office in Honesdale issues cards to honorably discharged Veterans of the US Armed Services, who can use it to access savings on goods & services from a variety of businesses across the county.

The Wayne County Veterans Discount Program (WCVDP) got underway back in 2011 and includes multiple businesses throughout the county. The Department of Military and Veterans Affairs Office works closely with the Wayne County Sheriff's Department to produce the ID cards.

There is no charge to Veterans to receive the card. Just stop by 314 10th Street in Honesdale, with your DD214 Monday through Friday from 9:00 am to 4:00 pm.

The Department of Military and Veterans Affairs Office is also recruiting more companies to participate. To join, businesses must offer a discount on goods or services to Veterans who provide their WCVDP Identification Card. Interested businesses call (570)253-5970 ext. 1752 or email rswilliams@waynecountypa.gov for a merchant application.

For more information call (570)253-5970 ext. 1752 or email rswilliams@waynecountypa.gov.



Medicare Annual Open Enrollment

FREE INSURANCE COUNSELING

For Medicare Recipients

**Trained Counselors answer your questions
& provide information on:**

**Medicare, Medicare Supplemental
Insurance & Medicare Drug Plans**

October 15 through December 7, CALL NOW!

**CONTACT THE WAYNE COUNTY AREA AGENCY ON AGING
AT 570-253-4262**

AN APPOINTMENT IS REQUIRED WALK-INS WILL NOT BE ACCEPTED

Welcome to Fall and all the special things that happen this time of year. We have our Halloween party and Thanksgiving Dinner to look forward to and lets not forget Christmas is around the corner. They All go by so fast.

Could we please keep in mind all the people in the Mid West and California who have experienced the devastation over the last few months. May they find peace and comfort in the months that lie ahead.

We will have an update and pictures of our Halloween party in Decembers Newsletter as well as the winners of our custom contest. Remember Honesdale and Hamlin Centers are closed on November 7th for Election Day. We are having a Casino trip to Mohegan Sun on that day to pass the time. You can also join us here at the Hawley Center for lunch and Bingo that day if you wish. Call Lu and let her know so she can have a lunch for you. Also, on Wednesday November 15th the students from Wallenpaupack High School will be here @ 1:30 to visit and entertain us. Please stay after lunch to support the young adults. We are looking forward to our Thanksgiving Dinner on Thursday November 16th. Please let me know if you plan to join us. I need to have my count in a week ahead so the kitchen can plan appropriately. All Centers will be closed on Friday November 10th to Honor our Veterans.

Also the Centers will be closed Thursday November 23nd and Friday the 24th so we can all enjoy Thanksgiving with family and friends. **HAPPY THANKSGIVING TO YOU ALL!**

Our November Birthday's are as follows; Gerri Joswick, Susan Baldwin, Mary Ann Reynolds, Joan McGuirk, Barbara Wertz, Nancy Halpin, Lisa Goldstein, Karen McGhee, Alan Segal and Brenda O'Shea Happy Birthday to you all.



Labor Day and September Birthday Celebration(s) at Hawley Senior Center; clockwise: 1st- Andy Anderson with Millie Schonholz from ADS and Al Guzzo in the backround - 2nd Some center participants enjoying the day. 3rd Pat Vetter, Carlene Guzzo, Linda Simons & Arlene Diehl Dancing



HONESDALE NEWS

Tai Chi for Arthritis continues Wednesday at 11:00 AM to noon through November 14. Instructor Mike Liuzzo is certified in Tai Chi and Reiki. Mike attended a workshop conducted by Master Trainer Sifu Guy C. Prentice, MT at Corning, NY to become a certified Tai Chi for Arthritis instructor. Please call Marie at 570-253-5540 to reserve a spot.

Election Day - November 7, 2017 - Trip to Mohegan Sun Casino

Price of \$22 includes bus transportation and driver's tip, \$25 in free slot play, \$5 food voucher. Snow date is November 14. Payment must be made at time of registration. Please call Marie at 570-253-5540 for further details. *(Please note: The Hamlin and Honesdale centers are closed on Election Day—no lunch served or activities held at centers.)*



Veterans Day Celebration - November 9, 2017

Please join your friends as the center honors Veterans on this date.

Thanksgiving Day Celebration - November 16, 2017

Thanksgiving dinner is planned for today with turkey and trimmings and a dessert of pumpkin pie! Please call Kathy at 570-5540 to make a reservation.

Chair Yoga - November 9 and 23, 2017

Certified Kripalu yoga instructor Diana Torre will lead classes in gentle, restorative yoga, the second and fourth Thursday this month. Classes begin at 10:30 and run for an hour.

Northern Wayne Happenings - November 2, 2017

Starting this month and throughout the winter season, seniors will meet the first Thursday of the month only. The twice monthly schedule will resume in March 2018. On December 7, the children's choir from Preston Park School will entertain during the annual holiday party. Perhaps the jolly old elf will stop by (if no one has been naughty this year!) Please call Marie at 570-253-5540 for reservations.

Wayne Co Public Library, 1406 Main St, Honesdale presents the following programs:

- ⇒ Trivia Night--Teams of 4 to 6 adults compete for prizes on Thursday, Nov 2 at 5:30. Join us for a fun night.
- ⇒ Adult coloring night is Tuesday, Nov 7 at 5:30. Relax for an evening and keep the stress away.
- ⇒ Holiday Card Stamping--Tuesday, Nov 14th from 4:30 to 6:30 Make 3 holiday cards. \$8.00 fee for supplies be paid by Nov 7th.
- ⇒ Monitoring Your Information/Identity Theft Protection---Tuesday, Nov 21 at 5:30 with Lorenzo Cascia/Wells Fargo Bank.

For more information, please contact Elizabeth at 570-253-1220 or

ewilson@waynelibraries.org

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Oral Health & Diabetes - Come to a Taste-In

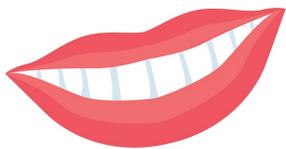
When it comes to food, the holidays can be especially challenging if you have diabetes. **Tips—with tastings!** – will be offered at this year’s Diabetes Taste-In on Sunday, November 5th at Ladore Lodge, 287 Owego Turnpike, Waymart from 1 pm to 3 pm. Registered dietitians and certified diabetes educators from Wayne Memorial Hospital and the Northeast PA Local Networking Group of the American Association of Diabetes Educators will provide healthy treats to sample, advice and recipes.



Additionally, the event will offer a special presentation by Periodontist Bryan J. Frantz, DMD, MS, PHDI (Perio and Dental Health Implants). Dr. Frantz will focus on dental issues which often go untreated. Learn how diabetes can affect your teeth and gums and overall oral health! Dr. Franz, who works closely with diabetes educators like Carol Kneier of Wayne Memorial Hospital, will offer information and tips to help you keep your healthy smile.

“People with diabetes are at special risk for periodontal disease, an infection of the gum and bone that hold the teeth in place,” says Kneier, MS, RD, LDN, CDE, a co-organizer of the Taste-In.. “Dry mouth, often a symptom of undetected diabetes, can cause soreness, ulcers, infections, and tooth decay. Come hear Dr. Frantz and bring your questions!”

The Taste-In will showcase vendors and businesses that can help people with diabetes maintain the best overall health possible.



“During the holidays, you don’t have to starve yourself to stay healthy,” Kneier continues, “there are many low-fat, low-carbohydrate dishes you can have that are really tasty. Our goal at the Taste-In is to help you stay on track while you celebrate the season.”

The event is free and will offer tastings of appetizers, a main entrée, side dishes and desserts. Space is limited, so pre-registration is requested. Call 570-253-8149 and leave your name, phone number and number of people attending.

REDUCED VEHICLE REGISTRATION

Eligible PA residents may be able to receive their car registration for \$10.00 rather than \$36.00. To qualify, eligible applicants, regardless of age, **MUST** be retired and receiving Social Security, SSI payments, retirement benefits or other pensions and annuities. Income from other sources such as interest dividends, capital gains, business income, rental income, wages, public assistance, unemployment compensation, cash gifts, life insurance and death benefits must be considered in calculating total income.



NOTE: Those who receive only unemployment compensations or public assistance or who are a student or other individual who is not retired do not qualify. The total income from all sources named above must **NOT** exceed \$19,200.

To be eligible for the retired status processing fee, the vehicle must be titled and registered in the person’s name that meets the above qualifications. **IF** the vehicle is registered jointly to two people, at least one of the registrants must meet the requirements above. The qualified person making application for the reduced fee, must be the principal driver of the vehicle unless physically or mentally incapable of driving. Only **ONE** vehicle per person may be registered for the \$10.00 processing fee.

Applications are available at the Wayne County Area Agency on Aging, 323-10th Street, Honesdale, PA 18431 or by calling 570-253-4262 between 8 and 4, Monday through Friday.

HAMLIN CENTER NEWS

As we go into the month of November I can't help but express my sense of gratitude to Pat, Debbie and all staff for their kindness in mentoring me. Also, thank you my senior friends for embracing me here in Hamlin and for making me feel so welcome! I'm so blessed to be able to serve seniors in my local community.



On 10-06-17 the Hamlin Senior Center celebrated their 19th Anniversary! One of the Seniors, Marie Laskowski has been active with the Center since its opening in October of 1998. Marie shared "I developed many friendships over the years and I appreciate the quality of life the center has provided me. She added "The Senior Center is the best thing that happened to Hamlin!"

In honor of our special Anniversary the center was visited first by Commissioner Joseph Adams who did a mean "Chicken Dance" with a group of seniors. Commissioner Adams then addressed the senior group congratulating them for the success of our center and shared his appreciation of the services Seniors may enjoy in Wayne County.

During lunch Commissioner Wendell Kay arrived smiling and sharing jokes with the seniors. He also addressed the group and emphasized how the Commissioners work hard to address the needs of seniors in Wayne County and how they have an open door policy, always willing to be of help.

The Anniversary was celebrated with an Oktoberfest theme and everyone enjoyed the musical talents of John Stephens' Doubleshot providing the best in Polka Music. The seniors sang and danced making for a festive event. The lunch menu surrounded the theme and included German favorites such as Bratwurst, Red Cabbage, Potato Pancakes and Apple Strudel cake! A big thank you goes out to the Honesdale kitchen staff for the fabulous lunch!

Hamlin Senior Center Upcoming Events:

Thursday, November 9th - Veteran's Salute

Tuesday, November 14th - November Birthday Party

Thursday, November 16th Blood Pressure Screening @11 AM

Thursday, November 16 - Thanksgiving Dinner Celebration



FOUR BENEFITS OF HUGS:

Security. A lot of time has passed since the Harlow studies, showing that poor monkey babies prefer a cloth doll without milk as a mother substitute over a metal doll with milk. Worldwide we agree that babies need to be held. There is evidence that adults who were frequently hugged and cuddled during early childhood display fewer stress symptoms than less-hugged counterparts. Physical affection also alleviates stress reactions in adults who report less existential anxiety even when touched only briefly. We are simply wired to find touch reassuring, as many studies of first impressions show.

Positive Feelings. As adults, we can live without hugs, of course, but we do seem to be happier with them. We release the hormone (oxytocin) when touched, which elevates feelings of attachment, connection, trust, and intimacy. When we're hugged, we feel less lonely. Apparently, hugs facilitate social bonding and the experience of participating fully in this life, which results in true happiness.

Better Health. Another commonly mentioned benefit of hugging lies in our improved health, as when we are touched our heart rate, blood pressure, and levels of the harmful stress hormone cortisol are lowered. Reach out and hug, and your life might not only feel better, but last longer.

Freedom. Allowing your true personality to evolve with confidence and allowing for leadership skills.



Submitted by: Becky Klepadlo / Author: Angela Polard, (Psychology Today)



**Above: Commissioner Adams attends Anniversary Event
Below: Debbie Birtel, Marie Laskowski (center participant since 1998), Becky Klepadlo**



DO YOU HAVE MEDICARE?

DO YOU HAVE QUESTIONS ABOUT YOUR COVERAGE OR CURRENT PLAN? DO YOU WANT TO KNOW IF YOU ARE ELIGIBLE TO SAVE MONEY ON YOUR PRESCRIPTION DRUG COSTS AND/OR YOUR PART B PREMIUM? ARE YOU CURRENTLY IN THE DONUT HOLE AND NEED ASSISTANCE? THE APPRISE PROGRAM CAN HELP!

WHAT IS APPRISE?

APPRISE IS A FREE HEALTH INSURANCE COUNSELING PROGRAM DESIGNED TO HELP ALL PENNSYLVANIANS WITH MEDICARE. APPRISE COUNSELORS ARE SPECIALLY TRAINED STAFF AND VOLUNTEERS WHO CAN ANSWER YOUR QUESTIONS AND PROVIDE YOU WITH OBJECTIVE, EASY-TO-UNDERSTAND INFORMATION ABOUT MEDICARE.

You may qualify for financial assistance programs! APPRISE wants to make sure you and your friends who have Medicare know about the Extra Help and Medicare Savings Programs.

Extra Help

Can help lower your prescription drug co-payments and premiums, and cover the cost of the coverage gap!

You may qualify if:

If you are single and have total monthly income of less than \$1,508/month; and less than \$13,820 in resources

If you are married and have a total monthly income of less than \$2,030/month; and less than \$27,600 in resources

*There are certain deductions

Medicare Savings Program

Can help you with the payment of your Part B premium!

You may qualify if:

If you are single and have a total monthly income of less than \$1,357/month; and less than \$7,390 in resources

If you are married and have a total monthly income of less than \$1,827/month; and less than \$11,090 in resources

*Medicare Savings Programs can possibly help with the payment of your Medicare Part A and Part B cost-sharing. There are certain de-

How can the APPRISE Program help you?

APPRISE can help with:

- Medicare
- Medicare Prescription Drug Plans (Part D)
- Medicare Advantage Plans
- Medicare Supplement Insurance (Medigap)
- Plan Comparison
- Medicaid
- Screening and applying for financial assistance programs
- Medicare Appeals
- Long-Term Care Insurance

Wayne County Area Agency on Aging
570-253-4262

Call today to get connected to the APPRISE Program in your area.

570-253-4262

APPRISE is a free service provided by the PA Department of Aging, and is funded in whole or part by a grant through the Administration for Community Living.



Caregivers Support Group

The Wayne County Area Agency on Aging holds a Caregivers Support Group meeting on the second Wednesday of every month at the Earl J. Simons Senior Center in Honesdale at 1:30 pm.

The meeting is open to potential, current and previous caregivers. If you are in need of an understanding ear, knowledgeable advice, helpful information and the interaction of people who experience similar needs and situations, you are invited to this group.

Caregivers are in charge of the meeting and discuss topics related to their care giving. Topics span the physical, financial, legal, spiritual and social issues that arise. They support one another, learn tips and discuss experiences. The support group offers caregivers ideas for coping including quiet time, meditation, movies, visiting with friends & family, short trips, shopping, church, prayer and exercise.

Ellen Dennis is the facilitator of the support group. She offers caregivers contact information for support or referral.

Caregivers gain confidence in their ability to care for a chronically ill person through support from others.

A monthly newsletter related to care giving is provided by the Area Agency on Aging. Light refreshments are also provided.

Caregivers are encouraged to care for him or her self first, in order to effectively cope with care of a chronically ill loved one.

NOVEMBER					
Ala carte menu <i>(Hot dogs available upon request)</i>		1) Pizza by the slice Hot turkey sandwich		2) Soup of the day Turkey salad on wheat	3) Soup of the day Loaded Hassel back Potatoes
6) Soup of the day Chicken quesadilla with salsa & sour cream	7) <i>In packing room</i> Soup of the day Reuben sandwich	8) Southwestern chicken salad		9) Soup of the day Seafood salad on a croissant	10) <i>Closed VETERANS DAY</i> 
13) Tomato soup Grilled cheese sandwich		14) Soup of the day Meatball parm hoagie	15) Chicken Caesar salad	16) <i>In packing room</i> Chili dog on roll	17) Soup of the day Quiche
20) Soup of the day Pierogies with onions/sour cream	21) Soup of the day Philly cheese steak w onions on roll		22) Chef salad		23) <i>Closed</i>
27) Soup or the day Cheese burger with onion rings	28) Soup of the day Ind. Pizza	29) Turkey, bacon ranch wrap	30) Soup of the day BBQ pork wrap with coleslaw		24) <i>Closed</i>

Possible Symptoms of a Brain Tumor

The symptoms of a brain tumor depend on its size, type, and location. The most common ones are listed below. These do not mean you have a brain tumor. But talk with your doctor if you experience any of the following:

- ⇒ Severe headaches
- ⇒ Muscle jerking or twitching (seizures or convulsions)
- ⇒ Nausea and vomiting
- ⇒ Changes in speech, vision, or hearing
- ⇒ Problems balancing or walking
- ⇒ Changes in your mood, personality, or ability to concentrate
- ⇒ Problems with memory
- ⇒ Numbness, tingling, or weakness in the arms or legs

Source: NIH.GOV



Honesdale Senior Center kicks off their Oktoberfest celebration with the Pledge of Allegiance



November 23, 2017

Welcome one and all to our Annual Thanksgiving Dinner!

Bring the family, bring your friends!!

We don't want you to spend the holiday alone. We are serving dinner from 11:30 am to 1:00 pm.

RSVP by November 20th

570-488-6129

Ladore Conference Center

398 South Street, Waymart, PA

Grace Episcopal Church

827 Church Street Honesdale

Thursday

November 23

NOON

"Thanksgiving Together"

Free Thanksgiving Dinner

Wayne Memorial's Hospice Department will host a fall memorial service on **Sunday, November 5, 2017 at 2:00 PM** at Grace Episcopal Church in Honesdale to remember hospice patients who have passed away in the last several months.

Hospice staff, volunteers, patient families and friends who have experienced the death of a loved one are invited to attend. The ceremony, which includes a reading of the names of the loved ones, is also open to the public.

The interfaith service will feature music, candle lighting and other tributes. Light refreshments will be served following the program. Wayne Memorial's Hospice Department supports grieving families for up to 13 months after the death of a loved one at no cost. For more information or for those needing special accommodations, please contact Lisa Grecco or Daniela Davis at (570) 253-8431.

News from Debbie

OK, you've talked me into it... one last Mohegan Sun Casino bus trip before the snow flies. Tuesday, November 7th we will be doing our regular trip to the Sun. This is Election Day and the Honesdale and Hamlin centers are closed, so I thought this would be a good day to get away. A couple important notes; Hamlin pick up will be at the Hamlin McDonald's parking lot (see Debbie about where to park your car) and just in case the schools are closed because of bad weather our snow date will be Tuesday, Nov. 14th. Make sure both days are clear on your calendar since you can't get a refund if we have to cancel and you can't go on the second day. The seniors and I want to welcome Becky to the Hamlin center as our new manager. We are so very excited to see what new programs she has in store for us after she gets settled.



MOHEGAN SUN CASINO

Tuesday, Nov. 7
Snow Date: Tuesday, Nov. 14
\$22.00 per person

Price includes: \$25 free slot play, \$5 food voucher, bus transportation, & driver's tip.

Sign up with Marie at 253-5540 or Debbie at 570-878-5936

Depart the casino at 3:00pm

*Make checks payable to: Wayne County Aging.

*Cancellation Policy: Your money refunded only if your seat can be filled, until Nov. 1st. After Nov. 1st money will not be refunded for any reason. Make sure you can go on both dates in case of bad weather.

*Remember to bring your picture I.D.'s.



Depart:

Honesdale McDonald's @ 9:00am
 Ray's Market, Waymart @ 9:30am
 Hawley Senior Center @ 8:30am
 Hamlin McDonald's @ 9:00am

Return Home:

Honesdale @ 4:30pm
 Waymart @ 4:00pm
 Hawley @ 4:30pm
 Hamlin @ 4:00pm

WHAT IS PENNSYLVANIA LINK AND HOW WOULD I UTILIZE IT?

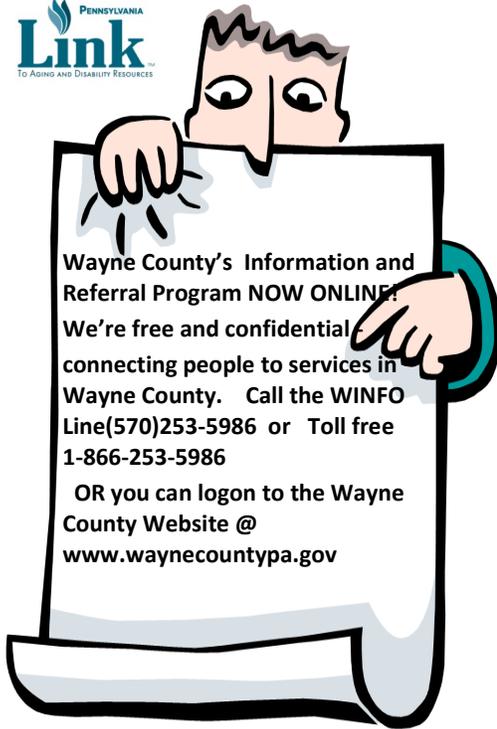
PA LINK to Aging and Disability Resources provides access to accountable, confidential, efficient, friendly, reliable and respectful information and referral services for those age 60+, persons with a disability and their caregivers residing in the Commonwealth.

Our service in Wayne County provides information about the health and human services resources available in our community. This service is provided free and is confidential. It is our intent to provide barrier-free access to information to better inform the community of services.

To access information please call 1-800-753-8827 statewide OR Wayne County 570-253-4262 or email:

WCAAIntake@waynecountypa.gov

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4	5	7	9	6	3	8	1	2
2	7	3	5	8	4	1	9	6
5	8	9	6	3	1	4	2	7
6	1	4	7	2	9	5	8	3



Wayne County's Information and Referral Program NOW ONLINE!
We're free and confidential connecting people to services in Wayne County. Call the WINFO Line(570)253-5986 or Toll free 1-866-253-5986
OR you can logon to the Wayne County Website @ www.waynecountypa.gov

Honesdale Center Earl J. Simons Center 323 10th Street, Honesdale, PA 18431 570-253-4262/570-253-9115 fax end of 10th St. across from Stone Jail
Hamlin Center Salem Township Building, 15 Township Bld. Rd, Route 590 Hamlin, PA 18427 570-689-3766 // 570-689-5002 fax Route 191 South to Hamlin 4 corners turn right onto 590 West, go 1/2 mile turn right after UPS Sign
Hawley Center Robert J. Drake Senior Community Center 337 Park Place, Bingham Park Hawley, PA 18428 570-226-4209 // 570-226-3422 fax Route 6 to Hawley, past ball field across from Mayor's office, just before bridge, left onto Park St
Northern Wayne satellite @ Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439 570-798-2335 (fire co) Meetings March-October - 1st & 3rd Thursday; Meetings November-February—1st Thursday only
Waymart satellite @ Masonic Hall 136 South Street, Waymart Meetings 1st & 3rd Thursday. Call Kimber Best 570-766-1916.
Transportation 323 10th Street, Honesdale, PA 18431; 8:00 am-4:00 pm www.co.wayne.pa.us go to "human services" click on "transportation" 570-253-4280; out of 253 exchange 1-800-662-0780
Wayne County Veterans Affairs Representative: Honesdale 314-10th Street, 9-4, Monday through Friday. For more info please call: 570-253-5970, Ext. 3114.

Production Coordinator: Kathy Robbins
Menu Coordinator: Amy Costantino
Editor: Kathleen Chicoski : kchicoski@waynecountypa.gov

The Wayne County Adult Day Service is open Monday – Friday. To contact the center please call: 570-390-7388 in Hawley or 570-346-7860 in Scranton.

