



## NEWS FOR ALL SEASONS

Wayne County Area Agency on Aging

ISSUE 77

DECEMBER 2016

**Honesdale Senior Center celebrates Veterans' Day by recognizing these fine gentlemen:  
Norvald Norman, Richard Hull, Aaron Haviland**



### **Belong to an organization? Need a speaker?**

Contact Juliann Doyle, LINK Coordinator, at 570-253-4262 to schedule your group's program. Juliann is available to speak on services available through the Wayne County Office of Human Services Departments ie: Aging, Children & Youth, Drug & Alcohol, Behavioral Health (Intellectual Disability and Early Intervention also), and Transportation. You may also email Juliann at:

[jdoyle@waynecountypa.gov](mailto:jdoyle@waynecountypa.gov)

### Woodloch Pines Cooking Show

*It's time again for the cooking show at Woodloch Pines! Monday, December 12<sup>th</sup>.*

*The menu will start with tomato squash soup, followed by a mac and cheese bake.*

*Then there will be stuffed chicken with apples and it will be finished off with pumpkin cheesecake.*

*The bus leaves the Honesdale Center at 9:15 and the Hawley Center at 9:45. There is no cost for the trip, show and lunch.*

*Please call your respective Senior Center for reservations.*





	<p><b>MILK SERVED WITH ALL MEALS</b></p> 	<p>1) Honey mustard Chicken Mashed potato Zucchini Peas and carrots Wheat Bread Butter -1 pat Lorna Doones</p> <p><i>Northern Wayne:</i> Grape juice, cole slaw, ham n cheese sandwich, mustard, rye, pineapple tidbits</p>	<p>2) Stuffed Shells Meatballs Sauce Parm on top-on the line Cauliflower Italian bread Butter -2 Pats Pineapple tidbits</p>	
<p>5) Baked Chicken filet Succotash Candied carrots Rice pilaf Butter - 2 pat Pink Grapefruit</p> 	<p>6) Cream of potato soup Wheat Crackers- 2 pk Baked fish filet Green beans Butternut squash butter - 1 Pat Vanilla Pudding- ½ c</p>	<p>7) Tossed salad Dressing <i>Home delivered - Juice</i> Cheese Pizza Sausage bite with sauce Broccoli Butter - 1 Pat Strawberry shortcake</p>	<p>8) Vegetable Slaw <i>Home delivered- juice</i> Breaded chicken tenders Asparagus Herbed Rice Apricots</p>	<p>9) Pork Chop Pierogies Applesauce Oriental Blend Butter - 2 pat Ambrosia</p>
<p>12) Corn chowder Salisbury steak Mashed potatoes Cape Cod Vegetable Wheat bread butter- 1 Pat Orange segments</p>	<p>13) Shredded pork Barbecue On a bun Brussel sprouts Cauliflower Warmed diced peaches</p>	<p>14) Vegetable Chile Baked Salmon with Creamy Dill Sauce Wheat Rotini Spinach Rye Bread Butter - 2 Pats Fresh fruit</p>	<p>15) Buffet Ham w/  pineapple raisin sauce Sweet potato Green beans casserole Wheat Dinner Roll Butter -1 pat Cheesecake</p>	<p>16) Breaded Chicken Tenders Baked potato Sour Cream Carrots Cole slaw <i>Home delivered- Cabbage</i> Cornbread Butter -1 Pat Fruit Cocktail</p>
<p>19) Haddock Fish Patty On a wheat roll Tartar Sauce Stewed Tomatoes Asparagus butter - 1 Pat Apricots</p>	<p>20) Chicken Cacciatore over Wheat Penne pasta Zucchini Succotash Butter-1 Pat Cake</p>	<p>21) Tossed salad with dressing <i>Home delivered-juice</i> Meat Lasagna Broccoli Applesauce</p>	<p>22) California Burger On Regular bun Lettuce, tomato, onion Mayo pc <i>Home delivered-cheese</i> Sweet potato cubes Fresh fruit</p>	<p>23) Orange-pine juice Turkey tetrazzini Over white rice Baby carrots Green beans Butter -1 pat</p>
<p>26) <b>Closed</b></p> 	<p>27) Meatloaf with ketchup Mashed potatoes Mixed vegetable Wheat bread butter- 1 Pat Fresh fruit</p> 	<p>28) Tossed salad with dressing <i>Home delivered-juice</i> Spaghetti with meatballs Cauliflower Green beans Granola bar</p>	<p>29) Butternut squash soup Wheat crackers-2 pks Tuna fish salad on Wheat bread Lettuce, tomato Vegetable Slaw Fruit Medley</p> <p><i>Home delivered Juice</i> Pollock loin Garden rotini Wax beans fruit medley</p>	<p>30) Pork Chop with sauerkraut Mashed Potatoes Carrots Rye bread butter- 2 pats Pumpkin Spice cake</p> 


  
**ALL CENTERS CLOSED – MONDAY, DECEMBER 26**  
**HAPPY HOLIDAYS !!**

**EVERYDAY AT THE HAWLEY CENTER**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Cards & Games 8-3 Gym Equipment 10:30 – 11:30 Exercise 11:30 - 3 Mah Jong 1-3 Wii Bowling	Cards & Games 8-3 Gym Equipment 1 - 2 Bingo	Cards & Games 8-3 Gym Equipment 10 - 2 Crafts 10:30 – 11:30 Exercise 1-2 Tai Chi *fee 5:30 – 8:30 Mah Jong	Cards & Games 8-3 Gym Equipment 1:00 Bingo 11 – 2:30 Card Club	Cards & Games 8-3 Gym Equipment 10 - 2 Crafts 10:30 – 11:30 Exercise

**EVERYDAY AT THE HONESDALE CENTER**

**CAREGIVER'S SUPPORT GROUP – WEDNESDAY, DECEMBER 14 – 1:30**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
10:30 Bridge 12:00 Jazz Class 1:00 Crafts 2:00 Line Dancing	10:30 Exercise 1:00–4:00 Pinochle	8:30 Quilting 10:30 Exercise 10:30 Bridge 11:00 Tai Chi *fee 1:00 Art Class 1:00 Bingo 1:30 Tap Dancing	10:00 Games 10:00 - 12:00 Wii 10:30 Chair Yoga (1 <sup>st</sup> , 8 <sup>th</sup> , 22 <sup>nd</sup> ) 1:00 Cards	10:30 Exercise 1-2:30 Shuffleboard 1-2:30 Cribbage 1:00 Pool 1-2:30 Rummikub 1:30 Memoir Writing Group (1 <sup>st</sup> & 3 <sup>rd</sup> )

**EVERYDAY AT THE HAMLIN CENTER**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Cards & Games 8:00-12 Pinochle	Cards & Games 1:00 Bingo	Cards & Games 10:00 Exercise 1:00 Mah Jong	Cards & Games 10:00 Exercise 1:00 Crafts	Cards & Games 10:00 Bingo

**NORTHERN WAYNE CENTER – THURSDAY, DECEMBER 1**





It has been a busy autumn season at the Honesdale center. Many of the seniors and Area Agency on Aging's employees came in costume on October 31 for our annual Halloween party. There certainly were some clever and entertaining masquerades!

In November we were educated on the importance of Estate Planning and Elder Law by Attorney Andrea R. Didio of Milford's The Murray Firm. November 11 brought us Veteran's Day, and, with that, an opportunity to honor our veterans. Thank you to all those servicepersons who have served in defense of our freedom.

On Thursday, November 17 we enjoyed our annual Thanksgiving luncheon. It was a full house-- 85 seniors enjoyed a traditional turkey dinner. (see pictures this page and page 9). We appreciate the Wallenpaupack Area Middle School's volunteer club for the donation of the seasonal place settings and our center's craft group for the turkey coasters! (see picture below) Additional gratitude goes to our hard-working kitchen staff and the many volunteers who so generously gave of their time to make our holiday gathering a success.

Do you know there is a resource for those caring for a family member or friend? A place to share concerns, hopes and information? The Caregiver Support Group meets from 1:30 p.m. to 3:00 p.m. on the second Wednesday of each month at the Honesdale center. Come and join them.



Mark your calendars for these upcoming seasonal events:

On Thursday, December 8 at 10:45 a.m., fifth grade student members of Wallenpaupack North Intermediate School's choir will be performing a holiday program. The students worked very hard to prepare; please come out and support them! On Wednesday, December 14 at 11:00 a.m., Burrell will be strumming the guitar and serenading us with country Christmas tunes.

The center's annual holiday meal will take place on Thursday, December 15 at noon. Please call the center at 570-253-5440 to make lunch reservations.

## HONESDALE



## NEWS

### Wayne Memorial Outreach and Enrollment Office Relocated

Wayne Memorial Community Health Centers announced that its Outreach and Enrollment office has relocated to 630 Park Street in Honesdale. Coordinators who assist individuals in navigating through the Health Insurance Marketplace are accepting appointments. Call 570-251-6554 or 570-251-6569. The service is offered free of charge to everyone and parking is available behind the building.



NEWS FROM DEBBIE . . .

We are well into the holiday season and I hope everyone had a wonderful Thanksgiving. I am slowly getting used to retirement . . . And I'm enjoying the extra time to prepare for the holidays. So first off I'd like to wish everyone a very Merry Christmas. Now is a good time to remember—when the kids ask what you'd like for Christmas. Tell them you'd like to go on a bus trip with your friends from the senior center.

I've already been looking at The White Star group tour catalog and thinking about our 2017 overnight trip. Now it's time for you to help me decide on a destination. I have narrowed it down to 3 places.



#1: Smokey Mountain Entertainer, Tennessee. This package includes five shows of country music, a Smokey Mountain tour and a moonshine distillery tour. We would have to make it a 2 day trip going and coming home since it's too far for the bus drive to make in one day.

# 2: Virginia Beach and Williamsburg. Highlights include; Colonial Williamsburg, a cruise on the Spirit of Norfolk and the Norfolk Naval Base.

#3: Pittsburg Express. Check this one out. Pittsburgh is full of history and a beautiful city. There is a guided tour of the city, a Gateway Clipper Cruise and Frank Lloyd Wright's "Fallingwater."

Now if you are computer savvy, Google some of these places and help me decide our next overnighter. Call my cell # with your suggestions 570-878-5936. I don't always hear my phone so leave a message and I'll call you back. Also is anyone interested in going to Iceland? The tour company is running a great travel deal and I would get more info. if anyone is curious.

I have already booked a trip to Penn's Peak for their "Live at the Sands, Frank, Dean & Sammy" revisited show. Mark your new calendars for Thursday, October 19, 2017. I'll have more details in the near future.

**Journey Through Bethlehem:  
A Living Nativity**

**Bethany Presbyterian Church  
Saturday, December 10<sup>th</sup>  
Sunday, December 11<sup>th</sup>  
4:30pm to 6:30pm**

**Outdoor Walking Tours**

**Come and celebrate the first Christmas as you travel to witness the birth of our blessed Savior. Enjoy the vision of angels, the strength of kings and the humility of shepherds tending their flocks. Refreshments will be served. This is our gift to the community we love.**

**Bethany Presbyterian Church, Route 670, Bethany, PA; (570) 253-6316;  
[www.pioneerparish.org](http://www.pioneerparish.org)**

**Holiday Festival & Craft Fair**

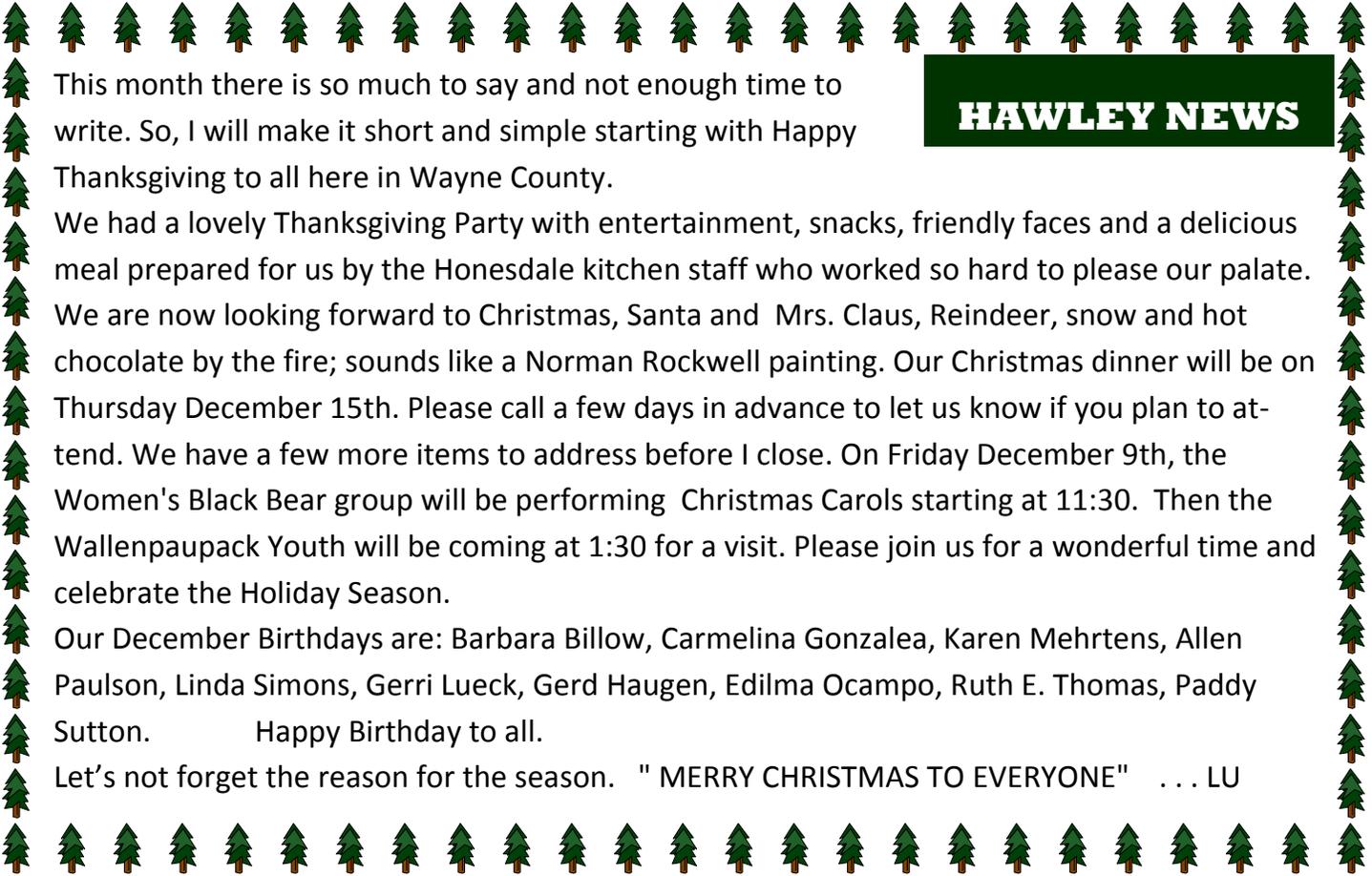
VENDORS WANTED Hosted by VENDORS WANTED  
**The Salvation Army**

**Location:** Ladore Pavilion, Carousel  
287 Owego Turnpike, Waymart, PA 18472  
**Date:** Saturday, December 10th, 2016  
**Time:** 10am - 3pm

**Checks Payable To:**  
**Ladore Conference Center**  
**PO Box G, Waymart, PA 18472**

If you have any questions please call  
570-488-6129

\*\*\* No space is guaranteed from the previous year! First Come Basis!\*\*\*



# HAWLEY NEWS

This month there is so much to say and not enough time to write. So, I will make it short and simple starting with Happy Thanksgiving to all here in Wayne County.

We had a lovely Thanksgiving Party with entertainment, snacks, friendly faces and a delicious meal prepared for us by the Honesdale kitchen staff who worked so hard to please our palate. We are now looking forward to Christmas, Santa and Mrs. Claus, Reindeer, snow and hot chocolate by the fire; sounds like a Norman Rockwell painting. Our Christmas dinner will be on Thursday December 15th. Please call a few days in advance to let us know if you plan to attend. We have a few more items to address before I close. On Friday December 9th, the Women's Black Bear group will be performing Christmas Carols starting at 11:30. Then the Wallenpaupack Youth will be coming at 1:30 for a visit. Please join us for a wonderful time and celebrate the Holiday Season.

Our December Birthdays are: Barbara Billow, Carmelina Gonzalea, Karen Mehrtens, Allen Paulson, Linda Simons, Gerri Lueck, Gerd Haugen, Edilma Ocampo, Ruth E. Thomas, Paddy Sutton. Happy Birthday to all.

Let's not forget the reason for the season. " MERRY CHRISTMAS TO EVERYONE" . . . LU



	SOUP OF THE DAY AVAILABLE MOST DAYS	<b>A LA CARTE MENU</b>	1) BLT SANDWICH	2) CHEESE BURGER FRENCH FRIES
5) MEATBALL PARM HOAGIE ON ROLL	6) SAUSAGE W/ PEPPERS & ONIONS HOAGIE	7) PIZZA SLICE	8) HOT HAM & CHEESE ON PRETZEL BUN	9) PULLED PORK WRAP SOUFFLE OF VEGGIE SLAW
12) SEAFOOD SALAD ON A CROISSANT W/LETTUCE & TOMATO	13) CHILI  HOT DOG ON ROLL	14) CHEF SALAD 	15) EGG SALAD ON WHEAT  IN PACKING ROOM	16) PIEROGIES & ONIONS WITH SOUR CREAM
19) GRILLED CHEESE SANDWICH	20) CHICKEN QUESIDILLA	21) CHICKEN CAESAR SALAD	22) REUBEN SANDWICH	23) QUICHE
26) CLOSED 	27) SAUSAGE, ONIONS PEPPERS ON ROLL	28) CHICKEN, CRAN, APPLE FETA, ALMOND SALAD	29) EGG, BACON, CHEESE ON A BISCUIT	30) PERSONAL PIZZA



THIS IS THE THIRD OF A CONTINUING SERIES ON  
... SCAMS: PROTECT YOURSELF.  
PROTECT YOUR MONEY



### Charity Scams

There are many organizations that do good work for worthy causes and deserve support. Unfortunately, there are people who view the generosity of others as an opportunity to line their own pockets.

Charity scams occur all the time, but are especially common after a major disaster or tragedy, such as Boston Marathon terrorist attacks or Hurricane Sandy, when the public is eager to give. Fake charities often use names similar to those of well-known organizations. Victims may be contacted by email (something real charities only do with their existing stakeholders), by phone or by a “volunteer” going door-to-door. Charity scams can also be vehicles for identity theft by directing victims to bogus websites where they provide personal and financial information along with their “donation.”

#### Protect Yourself



Ignore email solicitations for donations from unknown organizations: they are almost always scams.

Check with the Internal Revenue Service to make sure the organization asking you for money is registered as a 501(c) corporation. That means your donation is tax deductible.

NEVER give cash. When writing a check, make it payable to the organization, not an individual or “cash.”

If a charity claims to be helping a local organization such as a police or fire department, check with that organization to see if they are indeed fundraising and using that charity. Contact the Pennsylvania Department of State to verify that the charity asking you for money is legally registered.

You can also check the Better Business Bureau’s Wise Giving Alliance for information on charities. If you are a victim, file a complaint with the Federal Trade Commission, the Internet Crime Complaint Center or, if appropriate, your local police department.

**Pennsylvania Office of Attorney General** • 1-800-441-2555 attorneygeneral.gov  
**Pennsylvania Department of State, Bureau of Charitable Organizations** • 1-800-732-0999 dos.state.pa.us  
**Federal Trade Commission** • 1-877-FTC-HELP ftc.gov  
**Internet Crime Complaint Center** • www.ic3.gov  
**Internal Revenue Service** (For information about charitable organizations) • 1-877-829-5500 irs.gov/charities



CEOISK      C O O K I E S  
 IETFKUCAR    F R U I T C A K E  
 CHNPU        P U N C H  
 NGGOEG      E G G N O G  
 GAERDBERNIG   G I N G E R B R E A D  
 OOTELCAHC    C H O C C O L A T E  
 USNT         N U T S  
 NOAEGR      O R A N G E  
 PEALP        A P P L E  
 CADYN CAEN    C A N D Y    C A N E  
 IREDC        C I D E R  
 IEPMPREN     P E P P E R M I N T  
 NOMNANCI    C I N N A M O N  
 YCND         C A N D Y  
 UDGEF        F U D G E

C O O K I E S    F O R    S A N T A  
 1 2 3 4 5 6 7    8 9 10    11 12 13 14 15

... more  
 Honesdale Center  
 Thanksgiving  
 Dinner pictures

...CONTINUED  
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Monthly Social Security and Supplemental Security Income (SSI) benefits for more than 65 million Americans will increase 0.3 percent in 2017, the Social Security Administration announced today.

The 0.3 percent cost-of-living adjustment (COLA) will begin with benefits payable to more than 60 million Social Security beneficiaries in January 2017. Increased payments to more than 8 million SSI beneficiaries will begin on December 30, 2016. The Social Security Act ties the annual COLA to the increase in the Consumer Price Index as determined by the Department of Labor's Bureau of Labor Statistics.

Some other adjustments that take effect in January of each year are based on the increase in average wages. Based on that increase, the maximum amount of earnings subject to the Social Security tax (taxable maximum) will increase to \$127,200 from \$118,500. Of the estimated 173 million workers who will pay Social Security taxes in 2017, about 12 million will pay more because of the increase in the taxable maximum.

PPL Electric Utilities is warning its customers to be aware of a phone scam in which calls appear to come from the utility and mimic the company's call center.

Customers are being called and told their account is delinquent and they need to make an immediate payment or have their electricity shut off. In many cases, customers are being told to pay with prepaid debit cards. They are being instructed to call a phony call center, where they are prompted to enter their account information.

In one brazen attempt, a scammer walked into a business pretending to be from PPL and demanded money under threat of a service shut-off, but was unsuccessful.

Threatened shut-offs are a tactic used in previous scam attempts against PPL customers and at other utilities across the country.

The bogus number that customers are being told to call- 855-625-7634 - has been associated with other scams against utility customers in other parts of the country. Another number - 844-255-4708 - also is being used. In some cases, the bogus number has been set up to look on Caller ID like it is from PPL.

PPL reminds its residential and small business customers that the only number they should be calling to discuss their account is 1-800-DIAL-PPL (1-800-342-5775). Mid-size to large businesses can call 1-888-220-9991, option 4.

"We want all of our customers to be aware of this sophisticated scam activity and be prepared," said Christopher Cardenas, customer services vice president. "We continue to work with law enforcement on these cases, and we urge any customers who receive scam calls to notify their local police."

Here is important information to avoid scams:

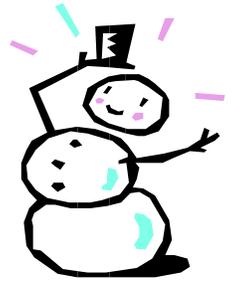
- PPL never sends anyone to demand bill payment
- PPL does not call customers seeking personal information
- PPL never calls customers threatening to shut off electric service unless immediate payment is made
- PPL does not accept Green Dot or other prepaid debit cards for bill payments

PPL does conduct collections activities on accounts that are legitimately delinquent. Service termination always is a last resort. When PPL begins the service termination process, it provides a formal notification that involves a letter and phone call as well as information left at the address in question. At any time, a customer who is delinquent can call PPL to make a payment arrangement and avoid shutoff.

Be sure to report any scam attempts to PPL at 1-800-342-5775 and also to local police.



## HAMLIN NEWS



As I celebrate my first Thanksgiving as your Center Operator, I am continuously reminded how incredibly grateful I am to be able to spend my days with such wonderful people. As I have been transitioning into my position here at the Hamlin Senior Center, I have been overwhelmed by the support of not only our incredible Seniors, but other valuable members of the community as well. Each day, someone new stops in to introduce themselves, whether a member of one of our

Senior's family or a community organization leader. My days have been blessed with countless new friends that I am so very much looking forward to working with.

Our gang here is full of spunk and always willing to lend a hand. The senior volunteers spend time assisting with the daily operations of the center, from calling BINGO, to organizing our prize shelves, setting up and serving lunch, answering the phones or making photocopies, these are some AMAZING people!

It has been such an experience to see all of the great things that were established here and I am enjoying adding new activities to our schedule. In addition to our current schedule, we have added seasonal art projects to work on each Wednesday and Thursday. In the near future you will find some other fun things to do here such as; Senior Skits (a fun way to act out strange scenarios), Win, Lose, or Draw, and Adult Therapeutic Coloring. We are also looking to regularly schedule Mahjong, so please contact us with the days and times you would be available to play.



In addition to some activities happening, we continue to provide great programs and information as well as health related services such as monthly blood pressure screening and regular visits from our Veteran's representative.



Recently, the District Attorney's Office gave a fabulous presentation about common scams that are greatly affecting peoples financial well-being, especially the older population. We learned great ways to identify these things and now know who to turn to when it occurs in our lives. We were thrilled to have the Spotlight Players perform excerpts from "It's a Wonderful Life Radio Show", they were fantastic. We are looking forward to future presentations they will be bringing to us. We also enjoyed a great visit to the Hawley Center to

share an Election Day lunch together.

Remember that Santa will be coming to town on Saturday, December 3<sup>rd</sup> to have his picture taken with you and we hope you will join us for our Christmas Celebration at the Center. On December 9<sup>th</sup>, we have the amazing Woman's Choir coming to sing Christmas Carols with us. You won't want to miss our fabulous Christmas Dinner Party on the 15<sup>th</sup> and of course our New Year's Party which will be celebrated on December 30<sup>th</sup>. Please give us a call at the Hamlin Center to reserve a seat.

Please stay warm and safe, and thank you all again for all of the support and welcoming words. I am truly thankful for all of you. . . . Sunshine



### Wayne Choralaires present *Sing Ye Heavens* Christmas Programs

Thursday December 1<sup>st</sup> @ 7:00pm  
St. Rose of Lima - Carbondale

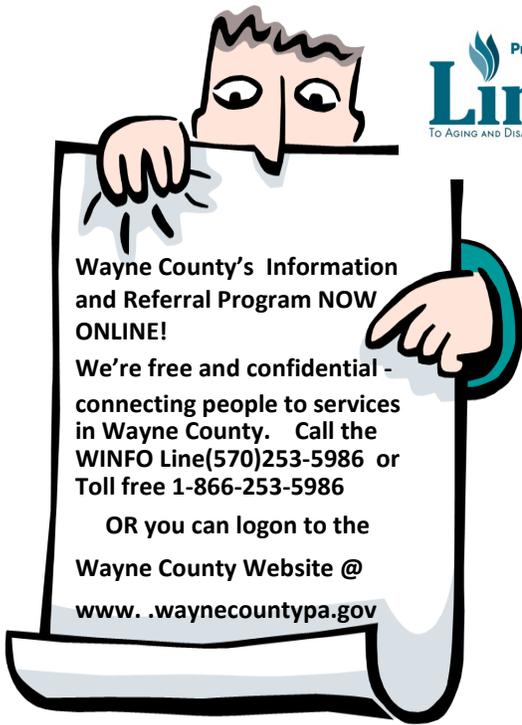
Sunday December 4<sup>th</sup> @ 2:30pm  
BVM Queen of Peace - Hawley



DIRECTOR - PATRICIA SPOOR

ACCOMPANIST - MELISSA ROBBINS





**Wayne County's Information and Referral Program NOW ONLINE!**

**We're free and confidential - connecting people to services in Wayne County. Call the WINFO Line(570)253-5986 or Toll free 1-866-253-5986**

**OR you can logon to the Wayne County Website @ [www. waynecountypa.gov](http://www.waynecountypa.gov)**

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**Honesdale Center** Earl J. Simons Center 323 10th Street, Honesdale, PA 18431 570-253-4262/570-253-9115 fax end of 10th St. across from Stone Jail

**Hamlin Center** Salem Township Building, 15 Township Bld. Rd, Route 590 Hamlin, PA 18427 570-689-3766 // 570-689-5002 fax Route 191 South to Hamlin 4 corners turn right onto 590 West, go 1/2 mile turn right after Prudential Sign

**Hawley Center** Robert J. Drake Senior Community Center 337 Park Place, Bingham Park Hawley, PA 18428 570-226-4209 // 570-226-3422 fax Route 6 to Hawley, past ball field across from Mayor's office, just before bridge, left onto Park St

**Northern Wayne satellite @** Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439 570-798-2335 (fire co) Meetings March-October - 1st & 3rd Thursday; Meetings November-February—1st Thursday only

**Waymart satellite @** Masonic Hall 136 South Street, Waymart Meetings 1st & 3rd Thursday. Call Kimber Best 570-267-2742.

**Transportation** 323 10th Street, Honesdale, PA 18431; 8:00 am-4:00 pm [www.co.wayne.pa.us](http://www.co.wayne.pa.us) go to "human services" click on "transportation" 570-253-4280; out of 253 exchange 1-800-662-0780

**Wayne County Veterans Affairs Representative:** Honesdale 308-10<sup>th</sup> Street, 9-12, Tuesday and Thursday ONLY; Hamlin Senior Center, 9-12, 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays; Hawley Senior Center, 9-12, 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays. For more info please call: 570-253-5970, Ext. 3114.



**Wayne County Area Agency on Aging  
323 Tenth Street, Honesdale, PA 18431  
570-253-4262 / 570-253-9115 fax  
Elder Abuse/Protective Services :  
800-648-9620**

