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About the Wayne County Drug and Alcohol Commission

Wayne County Drug and Alcohol Commission serves as the Single County Authority (SCA) for the County of Wayne and as such is tasked with the delivery of all required Drug and Alcohol services in the County of Wayne. The Wayne County Drug and Alcohol Commission has a Community Advisory Board which consists of 11 members. The Advisory Board is representative of the community and composed of individuals who can demonstrate experience, knowledge, and/or interest in serving the needs of the substance abusing client. Meetings are held at least ten times a year and not more than ninety days transpire between meetings. All meetings are advertised and open to the public. Minutes of each meeting are kept on file. The Drug and Alcohol Commission has a full-time Director who is responsible for the oversight of the agency's activities and staff. Supervision of the SCA Director is provided by the Director of Wayne County Human Services and the Wayne County Board of Commissioners.

The Wayne County Drug and Alcohol Commission's approach to people with substance use disorders has its roots in the disease concept. Substance use disorders are primary, progressive, chronic, but most importantly treatable. The disorder is characterized by compulsive use of mind-altering chemicals despite negative consequences. Emphasis is placed on treatment, recovery, and restoration to a healthy, productive life. It is the belief of the Commission that recovery is possible for anyone who is willing to work at it. The Commission is committed to providing prevention, intervention, screening, assessment, case coordination, treatment and recovery support services regardless of race, creed, color, age or ability to pay.

It is the mission of the Wayne County Drug and Alcohol Commission to help prevent the onset of substance use disorders whenever possible, intervene with appropriate services when risk factors for substance use disorders are present, and when substance use disorders are present, mitigate their negative impact on the individual, his/her family and the community. This mission is accomplished through the Commission's provision of a variety of cost effective, evidence based prevention and intervention services, professional drug and alcohol screening and assessment services, case management, recovery support services, and a full continuum of treatment services including medication assisted treatment.

Wayne County Drug and Alcohol Commission has a functional unit for drug and alcohol prevention providing evidenced based programming and other services to students and professionals in the Wayne Highlands, Western Wayne and Wallenpaupack school districts and throughout the community. The Commission also has a functional case management unit which provides intakes and level of care assessments for all Wayne County residents in need and then places them in the appropriate treatment services. The Commission provides case coordination services for individuals receiving medication assisted treatment and recovery support services for persons in early recovery. The Commission also serves as the driving under the influence service coordination entity for Wayne County providing Court Reporting Network (CRN), evaluations, Alcohol Highway Safety Classes, and DUI intervention group. The Commission contracts with PA Treatment and Healing (PATH) and Little Creek Outpatient Services for the provision of Out-Patient and Intensive Out-Patient Treatment, and partial hospitalization

services, and holds numerous contracts throughout the Commonwealth for the provision of medically monitored detox, rehab, and half-way house.

State fiscal year 18-19 saw for the first time in 5 years more individuals requesting help for alcohol use disorder than opioid use disorder. While overdose numbers seemed to increase slightly from calendar year 2017 to 2018, year to date 2019 data shows promise for a substantial decrease. To impact the overdose situation Wayne County Drug and Alcohol Commission has continued its community / education and awareness efforts, has restructured its Medication Assisted Treatment (MAT) program to maximize client capacity, has added Sublocade to its MAT protocol, continued its involvement in a joint initiative with the Wayne County Heroin Prevention Task Force to disseminate Narcan kits to concerned community members. We have also increased outpatient treatment capacity and added D&A partial in County, began offering recovery housing services, continued to support and promote recovery coaching for clients through our Certified Recovery Specialist, partnered with The Wright Center on a HRSA grant to further expand MAT, and has partnered with Wayne Memorial Hospital on a warm handoff initiative for overdose survivors. Wayne County Drug and Alcohol Commission has also maintained relationships with many great community partners who help with various initiatives and in fact have lead initiatives themselves. These partnerships are invaluable in the fight against opioid use disorders and overdose deaths.

Advisory Council Members

The Community Advisory Council continues to be a dedicated group of professional members committed to drug and alcohol programs. Board members are as follows:

James Chapman-Chairperson
 Bonnie Carney
 Carol Leinert
 Michelle Young
 Michele Minor Wolf
 Debra Paciotti
 Betty Lawson
 Sandi Reager
 Al Ryan
 Pennsylvania State Police Representative
 Honesdale Borough Police Representative

Single County Authority Staff

Director	6/13 to Present	Jeffrey Zerechak
Assistant Director	8/13 to Present	Melissa Wertman
Administrative Assistant	1/18 to Present	Crystal Crum
Case Manager DUI Coordinator	3/96 to Present	Jeanette Greig
Case Manager	11/96 to Present	Jennifer Dovin
Case Manager	11/14 to Present	Amy Bidwell
Case Manager	2/19 to Present	Stephen Bair
Case Manager	6/19 to Present	Pamela Vargas
Prevention Specialist	1/19 to Present	Melissa McWilliams
Prevention Specialist Part Time (Seasonal)	11/00 to Present	Mary Paladino
Prevention Specialist Part Time (Seasonal)	8/16 to Present	Catherine Vargo
Certified Recovery Specialist	6/15 to Present	Jim Simpson

SCA Service Delivery System

The drug and alcohol service delivery system in Wayne County is managed by The Wayne County Drug and Alcohol Commission which serves as the Single County Authority (SCA) for the County of Wayne. A full continuum of treatment services along with other support services are offered either directly by the SCA or via a SCA contracted provider agency. The Wayne SCA offers the following through its office and serves as the primary point of entry into the D&A system for Wayne County residents: D&A Prevention Services, Screenings, Assessments, Coordination of Services, MAT Case Coordination, Recovery Support Services, and DUI Offender Services.

The Wayne County SCA contracts with private providers to provide the following services to Wayne County residents: Outpatient, Intensive Outpatient, Partial Hospitalization, MAT Physician Services, Medically Monitored Detox, Medically Managed Detox; Medically Monitored Inpatient, Medically Managed Inpatient; Half-Way House.

Major Accomplishments – Administration

- Entered into a contract for D&A Partial Hospitalization with Little Creek Outpatient Services. Prior to this Wayne County residents had to leave the county to access these services.
- Entered into a contract with The Wright Center, a COE, with an office in Northern Lackawanna County for MAT services following the unexpected passing of our long term MAT physician, Dr. Gary Good. In relatively short order we worked with The Wright Center to establish a presence in Wayne County and they now have a MAT Physician in Honesdale one day per week.
- Maintained a licensed D&A treatment program in the Wayne County Correctional Facility, which is currently staffed by one F.T.E. drug and alcohol counselor. The SCA conducts annual outcome studies of this program analyzing the recidivism rates of inmates who participated in the program. The study was done in SFY 18-19 for SFY 17-18 providing a 1 year look back. The study yielded only a 29% recidivism rate. For the purposes of this study, recidivism is defined as the number of clients who reoffended due to drug and alcohol use.
- Awarded funds from a DDAP Funding Initiative Announcement to expand case management services. With this grant we have the funding to support an additional FTE D&A case manager who started in June 2019. This additional person will decrease waiting time for D&A assessments and increase our ability to provide on-going case management services to Wayne County residents
- Sustained both the Certified Recovery Specialist and the MAT Case Coordination positions after reinvestment funding ended.
- In cooperation with the Wayne County Heroin Prevention Task Force, Little Creek Lodge, PA Treatment and Healing, and Wayne County Drug and Treatment Court

Program, held a large-scale community recovery awareness event for Recovery Month in Central Park on September 28, 2018.

- Transitioned to handling all after hour's emergencies through the structure established for warm handoff, as such, now there is only one number to call during and after hours for Wayne County residents who need emergency help with a substance use disorder.
- Partnered with our MAT provider, the Wright Center, on a HRSA Rural Communities Opioid Response Implementation grant which was awarded. Over the next 3 years Wayne SCA will receive \$115,000 to support CM services, CRS services, and additional MAT physician time.
- Maintained the Warm Handoff which launched in October of 2016 in partnership with Wayne Memorial Hospital (WMH) ensuring 24/7 availability of professional drug and alcohol staff to speak with overdose survivors who present in WMH's emergency department and offer them treatment options.
- Provided ongoing education on the Warm Handoff Process, access to substance use disorder services, MAT, and the disease of addiction to various community agencies including Wayne Memorial Hospital Social Work Department, Wayne County AAA, Wayne County Office of Behavioral Health and Psych Rehab staff, Woodloch employee Health Fair, and the Wayne Junior Leadership Conference.
- Filled vacancies in both D&A Case Management and D&A Prevention and expanded case management services by one as a result of the above referenced DDAP Funding Initiative Announcement.
- In Partnership with PA Treatment and Healing we have maintained in-school assessment and treatment during the 18-19 school year. The service continues to be very well received by the school districts Wayne SCA serves.
- Ensured that each county resident who presented in our office with a substance use disorder had available to them a full continuum of treatment.
- Monitored both in-county outpatient treatment providers and our contracted recovery house for compliance with federal and state regulations and quality standards.
- Successful site visits from both the Department of Drug and Alcohol Programs and Community Care Behavioral Health with the SCA meeting or exceeding all standards.
- Maximized the SCA budget, serving the treatment needs of each client without having to institute a treatment waiting list due to insufficient funds.
- Implemented the evidenced based recovery program Making Alcoholics Anonymous Easier (MAAEZ). This is a group designed to help persons in early recovery understand what 12 step programming really is and how participation in 12 step programming can benefit them in recovery.
- SCA Director continued to serve on the Criminal Justice Advisory Board, the Wayne County Transportation Advisory Board, and LHOT.

- The SCA collaborated with the Wayne County Heroin Prevention Task Force for a third year on the dissemination of Narcan to family members, friends of people with SUD and concerned citizens. In 18-19, 26 Narcan kits were disseminated and there was 1 reported overdose reversal.
- SCA Director continued to represent the Wayne County SCA on BHARP Central Governing Board, the BHARP Recovery Workgroup, the Regional Service System Transformation meetings, and SCA Director Meetings.
- The SCA Director continued to represent the Wayne County Drug and Alcohol Commission at Pennsylvania Association of County Drug and Alcohol Administrators conferences and served as co-chair of the treatment committee of PACDAA.

School and Community Based Prevention Services

Fiscal Year 2018-2019

Prevention has changed considerably over the years. Scare tactics are no longer employed to dissuade youth drug use as this type of approach has proven ineffective in creating meaningful change. Prevention is about reducing risk factors for substance use while building protective factors. Evidenced based programs are designed to build coping skills, resiliency and encourage healthy decision making. Good prevention teaches our youth, amongst other things, stress reduction techniques, how to think rationally, and mindfulness.

The Wayne County Drug and Alcohol Commission Prevention Program provides D&A educational strategies, evidenced based prevention programming, student support groups, professional technical assistance/ trainings, and participates on student assistance program teams as the D&A liaison in the Wayne Highlands, Western Wayne, and Wallenpaupack School Districts. The Prevention program also offers an array of drug and alcohol educational programming and trainings in a variety of community settings.

These services are offered based upon school and community needs with the ultimate goal of reducing the onset of substance use disorders among our youth.

The Wayne County Drug and Alcohol Commission Prevention Program offers the following drug and alcohol prevention services to Wayne County school districts.

Elementary / Middle School Classroom Programs

(Taught by Wayne County Drug & Alcohol Commission Certified Prevention Specialists)

Lifeskills Training

A research-based substance abuse prevention program which develops drug and other risk-taking resistance skills, personal self-management skills, and general social skills.

Level: Elementary/Middle

Length:	Elementary:	First year	8 sessions
		Second year	8 sessions
		Third year	8 sessions
	Middle School:	First year	15 sessions
		Second year	10 sessions
		Third year	5 sessions

Too Good for Drugs

A research-based prevention program which focuses on social and emotional competency, goal setting, decision-making, peer pressure refusal, and conflict resolution.

Level: Primary/Elementary/Middle

Length: Ten (10) sessions each level

Other Specialized Classroom Presentations K – 12

Alcohol, Tobacco and Other Drug Information
Addiction and the Adolescent Brain

Marijuana	
E-Cigarettes/Vaping	
Prescription/Opiate Abuse	Level: Middle/High School
Drinking and Driving	Length: 1 -3 sessions
Effects of Chemical Dependency on the Family	
Fetal Alcohol Spectrum Disorder	
Additional topics as requested	

Support Group Co-Facilitation

Student support groups structured to educate on specific issues are effective programs in the school setting. These are “educationally-based” support groups designed to help students learn new skills, develop self-confidence and better understand how to deal with some of the problems life presents. Support groups provide a safe atmosphere to learn, share feelings, and interact with peers and adults.

*It is important to note that these groups provide **support and education**.
They are not counseling or therapy groups.*

A Wayne County Drug and Alcohol Commission Prevention Specialist and school staff person work as a team to co-facilitate these groups. In addition, the Wayne County Drug and Alcohol Commission will participate in screening and interviewing potential group members and work closely with the school co-facilitator to plan and process these groups. Groups typically run from 6 to 10 weeks.

Types of Groups:

Be Strong Be Me: A group to help children from high-risk environments develop healthy ways of coping with family, school, and peer stressors.
Based on the Elementary Youth Support Program.
Level: Elementary
Length: 10 sessions / break / 10 sessions Total: 20 sessions

Real Friendship: A group to help young girls’ foster real friendships and learn how to recognize and reject socially aggressive behaviors in themselves and others.
Level: Elementary Length: 6-8 session

Manage Your Anger: A group to help students handle angry feelings and develop skills for appropriately managing their emotions.
Level: Middle/High School Length: 6-8 sessions

Changing Families: A group for students experiencing separation, divorce, and other family lifestyle transitions.
Level: Elementary/Middle/High Length: 6-8 sessions

Friends/Concerned Persons Group: A group for students concerned about/affected by the chemical dependency of family members.
Level: Elementary/Middle/High School

Length: 6 sessions minimum

Challenge/Insight Group: A group to help teens learn more about the effects alcohol and other drugs and begin to realistically assess their own choices and behaviors regarding alcohol and other drug use.
Level: Middle/High school
Length: 8-10 sessions

Aftercare Group: A group for recovering students who have returned from D&A inpatient or intensive outpatient treatment and need support for school-based issues related to maintaining sobriety.
Level: High School
Length: On-going

Peer Mediation Training

3-day mediation training for students and faculty advisors. Technical assistance for setting up the program, including initial in-servicing and identification and selection of mediators, and follow-up support is provided.

Level: Elementary, Middle and High School

Drug/Alcohol Screenings

Wayne County Drug and Alcohol Commission will conduct drug and alcohol screenings for students referred by the S.A.P. Core Team at no charge to the district. Screening done in the school setting needs written permission of both parent and student.

Level: Middle/High School

S.A.P. Core Team Consultation

A Wayne County Drug and Alcohol Prevention Specialist will serve as agency liaison and meet with each Core Team as time permits to provide on-going consultation and technical assistance.

Level: Middle/High School

Teacher Training and In-servicing on Alcohol, Tobacco and Other Drug Issues

- Signs and Symptoms of Chemical Use
- Adolescent Chemical Dependency
- Enabling and Co-dependent Behavior
- Impact of Chemical Dependency on the Family
- Impact of Parental Chemical Dependence on Young Children
- Prevention Strategies and Approaches
- Developing Resiliency in Students
- Additional topics as requested

Level: District Staff K-12

Length: 1 hour to 1 day

Evidence-Based Parenting Programs

ACTIVE PARENTING for parents of children ages 5-12.

An interactive video-based learning experience that teaches parenting skills to parents of elementary aged-children. This three-session program uses group discussion, practice activities,

power point presentations, and a Parent Guide which parents use to complete the activities and then keep at the conclusion of the series.

GUIDING GOOD CHOICES for parents of children ages 9-14.

A program that teaches parents of elementary/middle school aged-children specific strategies to reduce the risk that their children will develop a problem with tobacco, alcohol, or other drugs. This five-session workshop includes how to develop clear family guidelines and expectations for children, manage family conflict in a way that maintains and strengthens bonds with children, and increase children's involvement in the family during the pre-teen/teen years.

Parent Group

A confidential and supportive group for parents who are concerned their children may be abusing alcohol or other drugs.

Level: Parents/Adults

Video Library

A comprehensive collection of prevention-related videos is available for loan to school personnel and community members. Please contact our prevention staff for more information.

Level: All ages

Summary of School-Based Prevention Services

July 2018 through June 2019

Wayne County School Districts:

- Wallenpaupack Area School District
- Wayne Highlands School District
- Western Wayne School District

SAP Core Team Meetings:

- Wallenpaupack: 20
- Wayne Highlands: 36
- Western Wayne: 14

School Based Support Groups:

Elementary School Level:			
Be Strong Be Me	1 Group	8 Participants	6 Sessions
Middle School Level:			
Vaping	1 Group	4 Participants	6 Sessions
Social Skills	2 Groups	12 Participants	3 Sessions
Concerned Persons	2 Groups	12 Participants	1 Session
Coping Skills	2 Groups	13 Participants	3 Sessions
High School Level:			
Insight	1 Group	1 Participant	1 Session
Grand Totals:	9 Groups	50 Students Served	20 Sessions

Classroom Education:

Elementary School Level:			
<i>Life Skills Training</i>			
Grade 5	2 Groups	54 Participants	9 Sessions
Grade 6	4 Groups	72 Participants	24 Sessions
<i>Too Good For Drugs</i>			
Grade Kindergarten	5 Groups	89 Participants	26 Sessions
Grade 1	4 Groups	88 Participants	31 Sessions
Grade 2	3 Groups	71 Participants	33 Sessions
Grade 3	1 Group	17 Participants	7 Sessions
Grade 4	1 Group	19 Participants	7 Sessions
Grade 5	1 Groups	17 Participants	7 Sessions
Grade 6	7 Groups	133 Participants	25 Sessions
Grand Totals:	28 Groups	560 Students Served	169 Sessions
Middle School Level:			
<i>Too Good For Drugs</i>			
Grade 7	7 Groups	153 Participants	16 Sessions
Grade 8	6 Group	91 Participants	34 Sessions
<i>Together for Health</i>			
Grade 7	23 Groups	507 Participants	3 Sessions
Grand Totals:	36 Groups	751 Students Served	53 Sessions
High School Level:			
<i>Together for Health</i>			
Grade 9	29 Groups	556 Participants	3 Sessions
Grand Totals:	29 Groups	556 Students Served	3 Sessions

Total Students Served: 1,917

Summary of Prevention Trainings and Community/ School Events July 2018 through June 2019

- 9/5/18- Charlotte Myers- Systems of Care Meeting- Park Street Complex Honesdale
- 9/19/18- Mary Paladino-Strengthening Families- 20 participants
- 9/17/18- Catherine Vargo- Trauma Informed Care Training- Park Street Complex Honesdale
- 9/20/18- Catherine Vargo, Charlotte Myers, Mary Paladino- Recovery Night- Central Park Honesdale
- 10/3/18, 10/10/18, 10/24/18- Mary Paladino, Strengthening Families Western Wayne
- 10/26/18- Mary Paladino- Training “Creative Play” Scranton
- 10/3/18- Charlotte Myers- Systems of Care Meeting – Park St. Complex Honesdale
- 10/5/18- Charlotte Myers, Jeff Zerechak, Melissa Wertman- Prevention Needs Assessment Training- Penn State Lehigh
- 10/1/18- Catherine Vargo Trauma Informed Care Training Park St. Complex Honesdale
- 10/23/18- Catherine Vargo- Transition Fair Ladore Lodge, Waymart PA
- 11/9/18 Charlotte Myers, Mary Paladino, Catherine Vargo- Western Wayne SAP Maintenance Park St. Honesdale
- 11/19/18 Charlotte Myers, Mary Paladino, Catherine Vargo- Wallenpaupack SAP Maintenance Wallenpaupack Environmental Learning Center
- 11/7/18 Mary Paladino- Strengthening Families- Western Wayne (final session)
- 12/5/18- Charlotte Myers- Systems of Care Meeting, Park St. Complex, Honesdale
- 12/11/18- Mary Paladino- Making the Connections Training
- 1/7/19 Mary Paladino, Charlotte Myers- WIN Meeting Honesdale, PA
- 2/1/19 Mary Paladino, Charlotte Myers, Catherine Vargo, Melissa McWilliams- SAP Networking NEIU, Archbald
- 2/6/19 Charlotte Myers Systems of Care Meeting- Park Street Complex Honesdale
- 2/25-/26 Charlotte Myers- PA SAP Conference State College, PA

3/11/19- Catherine Vargo, Charlotte Myers, Mary Paladino, Melissa McWilliams- Project Connect- Facilitators Training- Park Street Complex

3/13/19; 3/27/19- Catherine Vargo, Deepening Trauma Awareness- Park St. Complex

3/6/19 Charlotte Myers- Systems of Care Meeting, Park St. Complex

3/1/19 Mary Paladino- Nicotine Cessation Training, Park St Complex

3/5-3/7/19 Melissa McWilliams- SAP Training, Archbald, PA

3/14/19 Melissa McWilliams- Addiction 101 Training, Just Believe Recovery Carbondale, PA

3/18-3/19/19 Facilitator Training NEIU 19, Archbald PA

4/3/19 Melissa McWilliams – Systems of Care Meeting Park Street Complex Honesdale

4/26/19 Melissa McWilliams- Ethics Training

4/10/19 Catherine Vargo- Deepening Trauma Training Park Street Complex Honesdale

5/9/19- Melissa McWilliams, Mary Paladino- Trauma Training, Wayne Memorial Hospital

5/13/19- Melissa McWilliams- SAP Networking, NEIU 19 Archbald, PA

6/11 & 6/12- Melissa McWilliams, Catherine Vargo, Mary Paladino- CPA Conference, State College, PA

6/5- Melissa McWilliams- Prosper Meeting, Park Street Complex, Honesdale

6/24/19- Melissa McWilliams- Defensive Driver Training- 911 Com Center Beach Lake

6/25-6/27 Strengthening Families Facilitator Training – Carbondale School

6/5/- Catherine Vargo- Trauma Training Park Street Complex, Honesdale

6/25/19 Catherine Vargo- Camp Ophelia at Damascus School- refusal skills, mindfulness, coping with anxiety and pressure 35 participants

Summary of Recovery Support Services

Fiscal Year 2018-2019

Persons in early recovery often need someone with lived recovery experience to help them navigate life's problems and access community-based recovery supports. The type of support provided by a Certified Recovery Specialist differs from that of a D&A Counselor or sponsor, and significantly contributes to long-term success in recovery.

WCDAC currently employs a full-time Certified Recovery Specialist (CRS) who delivers Recovery Support Services targeted to individuals in early recovery. Clients/consumers work with the CRS to develop an individualized recovery plan, which focuses on barriers to a healthy and productive recovery. The Certified Recovery Specialist meets with clients/consumers both in the office and in the community. Since an individualized approach is employed, services vary based upon client need. Listed below are some of the most common services, which have been provided to clients/consumers since the inception of this service.

- Assists clients with overcoming potential barriers to accessing 12 step meetings. This can include accompanying clients to their first meetings, until they establish a comfort level with the process and make connections.
- Contacts clients prior to their discharge from inpatient treatment to establish a rapport and to ensure they have a CRS appointment as close to their discharge date as possible. Educates family members as to their role in the client's recovery and provides information about support services available to them.
- Facilitates making Alcoholics Anonymous Easier (MAAEZ) evidenced based education groups for persons in early recovery.
- Assists clients in obtaining healthcare benefits to ensure other physical and behavioral needs are met.
- Offers support and coaching to clients and families who may be accessing inpatient treatment for the first time.
- Assists clients with job searches, resume writing and interview preparation.

The Certified Recovery Specialist also provides community outreach in order to reduce the stigma associated with addiction and increase public awareness of recovery issues and the services that are available to support recovery. Outreach is provided in the following community locations:

- Contracted inpatient D&A providers
- Contracted outpatient D&A providers
- Wayne County Juvenile and Adult Probation offices
- The Wayne County Correctional Facility
- Wayne County Children and Youth
- Wayne Memorial Hospital
- Wayne County Assistance Office
- Varying physician's offices

Recovery Support Service Statistics for Fiscal Year 2018-2019

- . Referrals..... 89
- . Admissions.....35
- . Total Active as of 6/30/19.....18
- . Referrals by Source
 - . Wayne County Adult Probation.....2
 - . Wayne County Children & Youth..... 1
 - . Wayne County Drug and Treatment Court.....4
 - . Wayne County Drug and Alcohol Care Manager.....27
 - . Wayne County Juvenile Probation.....1

Summary of Case Management Services

Fiscal Year 2018-2019

For many Wayne County residents suffering from substance use disorders the SCA's Case Management Unit is the first step to getting well. The Wayne County Drug and Alcohol Commission's Case Management Unit employs five full-time Case Managers who provide drug and alcohol intake, assessment, placement, care management/case coordination, DUI coordination, and specialized case coordination services for persons in our Medication Assisted Treatment Program. All Case Managers serve as the point of entry into treatment services.

The Case Management Unit of Wayne County Drug and Alcohol Commission completed a total of 576 screenings/ intakes and 486 assessments in F/Y 18-19. Of those, 63 were completed in the Wayne County Correctional Facility, and 9 in the school districts we serve. We also received 32 calls through our warm handoff initiative and our general on-call structure.

Each assessment consists of approximately a 2 hour face-to-face interview whereby a standardized Department of Drug and Alcohol Programs assessment tool is completed. Then American Society of Addiction Medicine (ASAM) Criteria, are utilized to provide our case managers with a basis for determining the most appropriate level of care, and DSM 5 criteria are used to render a diagnosis. Upon determining the diagnosis, most appropriate level of care, and the type of program that will best meet the individual's needs, they are placed in a licensed treatment facility.

A funding determination is also made at this time, which may include coordination with client's commercial insurer or the Wayne County Assistance Office and a possible precertification with Community Care Behavioral Health. Every Wayne County resident receives the help they need regardless of their ability to pay.

While in treatment, continued stay reviews are conducted in order to ensure individuals receiving care are continuing in the most appropriate level of drug and alcohol treatment. Clients receiving inpatient care are reviewed weekly for ongoing clinical appropriateness, and all aftercare services were coordinated through our case management unit.

Case Management /Statistics/Trends

Fiscal Year 2018-2019

Annual Report

Gender Trends

Gender trends remained consistent with the prior fiscal year. Approximately 69% of individuals served were males as compared to 70% in fiscal year 2017-2018

Fiscal Year 2018-2019

Assessments by Gender

	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Total
Males	23	33	28	27	23	23	35	22	32	37	32	18	333
Females	13	15	13	14	13	10	12	15	11	12	13	12	153
Unknown	0	0	0	0	0	0	0	0	0	0	0	0	0
Total Assess	36	48	41	41	36	33	47	37	43	49	45	30	486
Adolescents	0	3	5	3	3	3	1	1	2	2	0	3	26

Fiscal Year 2017-2018

Assessments by Gender

	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Total
Males	40	25	30	35	36	35	25	28	34	33	28	28	377
Females	12	19	16	12	7	10	15	7	10	15	17	11	151
Total Assess	52	44	46	47	43	45	41	35	44	48	45	39	529
Adolescents	2	0	0	0	2	0	2	3	1	1	2	2	15

Referral Source Trends

Referral source trends for the 18/19 fiscal year remained consistent with 17/18 fiscal year. Of the individuals referred to our office the largest number was from Wayne County Probation at 30% and self-referrals also at 16% then Wayne County DUI Coordinator at 9%.

Assessments by Referral Source

Wayne County Probation	146	Wayne County Children & Youth	25
Wayne County Court	38	Other County Probation	28
PA State Parole	16	Federal Parole	0
Other DUI	11	Wayne County DUI Coordinator	44
Self	79	Wayne County Drug & Treatment Court	3
Hospital (warm handoff)	12	Inpatient Drug & Alcohol Facility	15
Attorney	11	PA Treatment & Healing	4
Wayne County Behavioral Health	0	Child First	1
Other	34	Wayne County Correctional Facility	19

Primary Substance Trends

The substance trend that saw Heroin/opioids as the primary substance over the last 5 years changed in the 18/19 fiscal year as more individuals reported alcohol than heroin/opiates as their primary substance. In 18/19 33% of the total clients served reported heroin/opiates as their primary substance down 7% from 17-18 and 43% reported alcohol as their primary up 10% from 17-18. While Methamphetamine use still accounts for less than 1% of individuals it is worthy to note that cases have doubled from 17-18.

Assessments by Primary Substance

Alcohol	211	Heroin/Opioids	158
Marijuana	85	Cocaine/Crack	7
Methamphetamine	13	Benzodiazepine	5
Synthetics	3	Other Drugs	3

Inpatient Report

While inpatient placements decreased from fiscal year 17/18, heroin and opiate use continues to account for the largest percentage of all inpatient admissions at 52% in 18/19, but was down slightly from 61% in 17/18.

<i>Inpatient Report</i>	Admissions	FY 2018-2019	FY 2017-2018
	Placements	70	118
Gender of Patients	Adult Male	47	76
	Adult Female	22	40
	Adolescent Male	1	2
	Adolescent Female	0	0
Age of Patients	0-14 years	0	0
	15-17 years	1	2
	18-24 years	9	17
	25-34 years	31	55
	35-44 years	10	22
	45-54 years	11	17
	55+ years	8	5
Primary Substance of Patients	Alcohol	20	34
	Heroin/Opiates	37	71
	Marijuana	7	4
	Cocaine	1	1
	Methamphetamine	3	3
	Benzodiazepines	1	2
	Other Drugs	1	3
Race of Patients	Caucasian	64	106
	Hispanic	2	5
	African American	3	7
	Other	1	0

Outpatient Report

PA Treatment and Healing, as well as Little Creek Outpatient Services provided Outpatient and Intensive Outpatient Drug and Alcohol Treatment Services for Wayne County residents in the fiscal year 2018-2019. PA Treatment and Healing provided services in their community location on 1185 Fair Avenue, Honesdale, at the Wayne County Correctional Facility, and at Wallenpaupack, Western Wayne and Wayne Highlands School Districts. Little Creek Outpatient Services provided services in their community location on 359 Easton Turnpike, Hamlin.

<i>Outpatient Report</i>	Admissions	FY 2018-2019	FY 2017-2018
	Intensive Outpatient	186	219
	Outpatient	150	124

Summary of Recovery Housing Services

Fiscal Year 2018-2019

Often time's individuals in early recovery need a safe place to reside so that they can work on their recovery and rebuild their lives. For some, the environment where they resided in active addiction is not a safe place to work on these important life changes and for others their families cannot take them back.

In recognition of this Wayne County Drug and Alcohol Commission began contracting with Shane's House, which is a male recovery house owned by Little Creek Lodge. At Shane's House Wayne County residents are provided a safe, structured environment that is staffed 24/7 in which to reside while they work on their recovery and will enjoy more positive recovery outcomes.

In fiscal year 2018-2019, Wayne County Drug and Alcohol Commission placed three individuals in this service for a total of 270 days.

Provider List

Fiscal Year 2018-2019

<p>CHOICES, An Affiliate of Commonwealth Health 518 Wyoming Avenue Kingston, Pa 18704 NPI #: 1053432443</p>	<p>Wilkes-Barre Behavioral Hospital Co. LLC d/b/a CHOICES Recovery Program of Wyoming Valley 307 Laird Street Plains, Pa 18702 NPI #: 1053432443</p>
<p>DARS Manos House 1290 Prospect Road Columbia, Pa 17512 NPI #: 1902940976</p>	<p>Drug and Alcohol Treatment Service 441 Wyoming Avenue Scranton, Pa 18503 NPI #: 1013982008</p>
<p>Eagleville Hospital 100 Eagleville Road Eagleville, Pa 19403 NPI #: 1477615656</p>	<p>Conewago Pottsville 202-204 S. Center Street Pottsville, Pa 19701 NPI #: 134639525</p>
<p>Conewago Indiana 9143 US-119 Blairsville, Pa 15707 NPI #: 134639525</p>	<p>Conewago Snyder 18336 Route 522 Beavertown, Pa 17813 NPI #: 134639525</p>
<p>Gaudenzia Common Ground 22835 North Front Street Harrisburg, Pa 17100 NPI #: 1811011513</p>	<p>Gaudenzia, Inc. West Chester 1030 Concord Road West Chester, Pa 19382 NPI #: 1689708513</p>
<p>Gaudenzia Vantage House 212 East King Street Lancaster, Pa 17602 NPI #: 1336263755</p>	<p>Gaudenzia Fountain Springs 95 Broad Street Ashland, Pa 17921 NPI #: 1487779294</p>
<p>Gaudenzia New Destiny 91 Broad Street Ashland, Pa 17921 NPI #: 1093933749</p>	<p>Gaudenzia, Inc. Re-Entry House 5401 Wayne Avenue Philadelphia, Pa 19144 NPI #: 1083743975</p>
<p>Gaudenzia, Inc. People With Hope 1306 Spring Garden Street, 8th Floor Philadelphia, Pa 19123 NPI #: 1447384367</p>	<p>Graniteville House of Recovery 5452 Main Road Sweet Valley, Pa 18656 NPI #: 1588186092</p>
<p>Just Believe Recovery Center, LLC 100 Lincoln Avenue Carbondale, Pa 18407 NPI #: 1164817144</p>	<p>Little Creek Outpatient, LLC 518 Easton Turnpike Lake Ariel, Pa 18436 NPI #: 1548716145</p>
<p>Marworth Lily Lake Road Waverly, Pa 18471 NPI #: 1659444388</p>	<p>Teen Challenge Training Center 33 Teen Challenge Road Rehrersburg, Pa 19550 NPI #: 1265891477</p>

Pa Treatment and Healing 1855 Fair Avenue Honesdale, Pa 18431 NPI #: 1497839179	Ridgeview Adolescent Behavioral Health Center 4447 Gibsonia Road Gibsonia, Pa 15044 NPI #: 1790806115
Pyramid Healthcare, Inc. 901 Sixth Avenue Altoona, Pa 16602 NPI #: 1639193485	Pyramid Healthcare at Belleville 3893 West Main Street Belleville, Pa 17004 NPI #: 1811018898
Pyramid Healthcare, Quakertown 2705 Old Bethlehem Pike Quakertown, Pa 18951 NPI #: 1689796534	Pyramid Healthcare, Inc. 1894 Old Rte. 220 Duncansville, Pa 16635 NPI #: 1609997154
Pyramid Healthcare, Inc. 830 Sixth Avenue Altoona, Pa 16602 NPI #: 1841313335	Pyramid Healthcare, Pine Ridge 1305 S. Eagle Valley Road Tyrone, Pa 16686 NPI #: 1033230461
Pyramid Healthcare, Inc. Hillside 420 Supreme Ct. East Stroudsburg, Pa 18302 NPI #: 1124450069	Pyramid Healthcare, Lehigh Valley 124 Bridge Street Catasauqua, Pa 18032 NPI #: 1730690793
Shane's House 361 Easton Turnpike Lake Ariel, PA 18436 Fed ID # 82-3874712	The Retreat at White Birch 25 Reservoir Street Simpson, Pa 18407 NPI #: 1366836884
White Deer Run 360 White Deer Run Road Allenwood, Pa 17810 NPI #: 1326031022	White Deer Run of Lancaster 53-55 North West End Avenue Lancaster, Pa 17603 NPI #: 1942320957
White Deer Run d/b/a Cove Forge Renewal Center 624 Broad Street Johnstown, Pa 15906 NPI #: 1912027921	White Deer Run d/b/a New Directions at Cove Forge 538 Main Street Johnstown, Pa 15901 NPI #: 1932229945
White Deer Run d/b/a Cove Forge Behavioral Health 202 Cove Forge Road Williamsburg, Pa 16693 NPI #: 1992996730	White Deer Run Blue Mountain 8284 Leaser Road PO Box 19 Kempton, Pa 19529 NPI #: 1649391319

Summary of Medication Assisted Treatment Fiscal Year 2018-2019

Wayne County Drug and Alcohol Commission offers Medication Assisted Treatment (MAT) to its clients with opioid use disorders and alcohol use disorders. Medication Assisted Treatment (MAT) is the use of FDA approved and proven medications in combination with cognitive-behavioral therapies and recovery supports. According to the Substance Abuse and Mental Health Services Administration (SAMSHA) this treatment approach has shown a host of favorable outcomes to include: improved survival rates for persons with SUD, increased retention in treatment, decreased illicit opioid use and other criminal activity, increased employment rates and job retention, and improved birth outcomes for pregnant women.

The SCA Medication Assisted Treatment program utilizes the medications Suboxone, and Sublocade which are partial opioid agonists, or Vivitrol, which is an opioid antagonist. These medications help to stabilize the brain's chemistry and reduce intense cravings which may otherwise interfere with successful engagement in treatment and other community recovery supports. The Wayne County Drug and Alcohol Commission's philosophy on MAT is that the medication does not cure the disorder, but is a recovery tool and is never considered a stand-alone treatment. As such, being actively engaged in drug and alcohol treatment and other recovery related activities is a program requirement along with regularly scheduled meetings with a specialized MAT case manager, random urine drug screens, and random medication counts where applicable.

The Wayne County Drug and Alcohol Commission contracts with The Wright Center to oversee all medical aspects of the program, and all program participants meet with a MAT Physician a minimum of two times per month.

MAT Statistics for Fiscal Year 2018-2019

○ . Eligibilities/ Referrals.....	66
○ . Admissions.....	31
○ . Total Active as of June 30, 2019.....	28
○ . Referrals by Source	
○ . Wayne County Probation.....	14
○ . Self.....	5
○ . Wayne County Drug & Alcohol Case Manger.....	12

Court Reporting Network (CRN)

Fiscal Year 2018-2019

CRN Evaluations Completed		Total for FY 2018-2019	140
July	16	January	11
August	14	February	16
September	9	March	12
October	12	April	6
November	11	May	13
December	10	June	10

There were 29 more CRN evaluations in 2018-2019 than in 2017-2018, which would seem to indicate an increase in DUI offenses in Wayne County.

Alcohol Highway Safety and Intervention Class

Fiscal Year 2018-2019

- Number of participants in Alcohol Highway Safety Class: 40
- Number of participants in Alcohol Highway Safety Class and Intervention: 87
- Number of participants in Intervention only: 0
- Number of participants in Underage Drinking Class: 2

Budget

The following page provides you with an overview of funds allocated and utilized in the fiscal year 2018-2019 by Wayne County Drug and Alcohol Commission to serve Wayne County residents.

Revenues		Expenses	
State Allocation	\$128,260	Administration (Includes MIS/Fiscal Support)	\$188,177
Heroin Opioid Crisis	\$9,551	Prevention	\$265,835
Federal Block Grant	\$168,568	Other Intervention	\$54,408
Human Services Block Grant	\$121,781	Inpatient Non-Hospital	\$83,546
DUI Fines	\$33,720	Inpatient Hospital	\$0
Local Funds/DUI Classes	\$378,270	Recovery Housing	\$24,868
Title XX	\$0	Outpatient	\$178,818
Act 2010-01 (Gaming)	\$9,567	Outpatient – Suboxone	\$2,500
STR/Cures Grant	\$79,392	Case/Care Management	\$232,598
Interest	\$0		
Health Choices	\$63,327		
PCCD Grants	\$11,977		
Suboxone Fees	\$335		
Other	\$26,000		
Totals	\$1,030,748		\$1,030,748

In Memory of

Dr. Gary Good

Wayne County SCA lost an incredibly valuable member of its team in 18-19. Our treasured colleague, and Medication Assisted Treatment (MAT) Physician, Dr. Gary Good passed away on April 12, 2019. He was a pioneer in the provision of MAT, providing this service to Wayne County residents since 2010.

He was a kind, gentle soul with a heart of gold who treated everyone with dignity and respect; he will be sorely missed.

Acknowledgements

We would like to acknowledge the significant contributions of Charlotte Myers, D&A Prevention Specialist, who retired in July of 2019 after over 23 years of dedicated service. Charlotte had tremendous passion for the field of D&A Prevention and enjoyed sharing her extensive knowledge of the field with her co-workers and other community stakeholders.

All the staff of Wayne County Drug and Alcohol Commission will miss working with her, and wish her well in this new chapter of her life.

Closing Statement

This report is the summary of services performed during the fiscal year July 1, 2018 to June 30, 2019, by the Wayne County Drug and Alcohol Commission, 318 Tenth Street, Honesdale, PA, 18431.

We trust this information is valuable. The Wayne County Drug and Alcohol Commission, its providers, its community advisory board, and the Wayne County Board of Commissioners, are committed to helping Wayne County residents with substance use disorders get the services they need to begin their journey of recovery and become healthy and productive members of our community.

This publication is made possible by a contract with the Wayne County Drug and Alcohol Commission and Department of Drug and Alcohol Programs, Commonwealth of Pennsylvania. The County Office and Department of Drug and Alcohol Programs specifically disclaims responsibility for any analysis, interpretation or conclusions herein.